

2019 Credit Union Cherry Blossom - Elite Women (4/3/19)

#02

Diriba, Buze (25)

Residence: Albuquerque, NM

Citizen of: Ethiopia

Team: Adidas

Lifetime PRs: 31:37/ 2:28:06/ 51:38/10 mi. PRs in last three years: - / - / -

Career: 4th, Aramco Half Marathon (1:06:50 PB); 1st, '18 United Airlines NYC Half (1:12:23 CR); 1st, '18 Credit Union Cherry Blossom 10 Mile Run (53:45); 1st, '18 B.A.A. 5k (15:22); 1st, '18 UAE Healthy Kidney 10k (32:04); 1st, '18 Lilac Bloomsday Run 12k (39:27); 4th, '18 B.A.A. 10k (32:10); 5th, '18 Utica Boilermaker 15k (50:10); 6th, '18 TD Beach to Beacon 10k (33:18); 4th, '18 New Balance Falmouth Road Race 7 Mile (33:58); 2nd, '18 Manchester Road Race 4.748 mile (24:34); 2nd, '17 Azalea Trail Run 10k (32:49); 2nd, '17 Credit Union Cherry Blossom 10 Mile Run (53:52); 1st, '17 B.A.A. 5k (14:54 PB); 1st, '17 Lilac Bloomsday Run 12k (40:19); 1st, '17 Bay to Breakers 12k (39:48); 5th, '17 Utica Boilermaker 15k (49:41); 1st, '17 Wharf to Wharf 6 Mile (31:19); 1st, '17 HAP Crim 10 Mile Road Race (51:49); 4th, '17 B.A.A. Half Marathon (1:13:04); 1st, '17 EQT Pittsburgh 10 Miler (52:12); 1st, '17 Manchester Road Race 4.748 Mile (23:56.5 CR); 7th, '16 World's Best 10k (32:13); 2nd, '16 Credit Union Cherry Blossom 10 Mile (53:20 PB); 2nd, '16 B.A.A. 5k (15:28); 6th, '16 Payton Jordan Cardinal Invitational 10,000m (31:39); 5th, '16 B.A.A. 5k (15:43); 5th, '16 UAE Healthy Kidney 10k (33:15); 6th, '16 B.A.A. 10k (32:26); 2nd, Peachtree Road Race 10k (32:28); 6th, '16 Utica Boilermaker 15k (51:02); 4th, '16 Quad-City Times Bix 7 (37:15); 1st, '16 EQT Pittsburgh 10 Miler (51:38 CR/PB); 2nd, '16 Applied Materials Silicon Valley Turkey Trot/Elite 5k (15:42).

2019: 3rd, NYC Half Marathon (1:11:07); 4th, '19 Chevron Houston Marathon (2:28:06 DB).

Past Credit Union Cherry Blossom Top 10 Finishes: 1st, '18 (53:45); 2nd, '16 (53:20); 2nd, '17 (53:52).

#04

Gebreslase, Gotytom (24)

Residence: Mekelle, Ethiopia

Citizen of: Ethiopia

Team: Adidas

Lifetime PRs: 32:07/ - / 52:16/10 mi. PRs in last three years: - / - / -

Career: 1st, '18 Cooper River Bridge Run 10k (32:19); 4th, '18 B.A.A. 5k (15:27 PB); 8th, '18 Lilac Bloomsday Run 12k (40:43); 2nd, '18 B.A.A. Half Marathon (1:09:39); 2nd, '18 EQT Pittsburgh 10 Miler (53:05); 14th, '17 Prefontaine Classic 5000m (15:16); 6th, '17 Utica Boilermaker 15k (49:56); 2nd, '17 EQT Pittsburgh 10 Miler (52:16 PB); 1st, '17 Applied Materials Silicon Valley Turkey Trot/Elite 5k (15:38); 6th, '14 Carlsbad 5000 (15:37); 5th, B.A.A. 5K (15:17 PB); 10th, '14 Tufts Health Plan 10k for Women (32:30).

#06

Wanjiru, Rosemary (24)

Residence: Iten, Kenya

Citizen of: Kenya

Team: Adidas/Team Stats

Lifetime PRs: 30:50/ - / - PRs in last three years: - / - / -

2019: 1st, Aloha Zane Branson Memorial 10,000m (32:48.2); 4th, 10k Valencia Ibercaja (30:50 PB).

#08

Bates, Emma (26)

Residence: Boise, ID

Citizen of: USA

Twitter: @emmajbates

Instagram: @emmajanelbates

RCCA Status: RCCA Road Scholar 2017

Lifetime PRs: 32:36/ 2:28:19/ 52:51/10 mi. PRs in last three years: - / - / -

Career: 7th, '18 Credit Union Cherry Blossom 10 Mile Run (54:45 PB); 9th, '18 Lilac Bloomsday Run 12k (40:46); 2nd, '18 Fifth Third River Bank Run 25k (U.S. 25k Open Championships)(1:25:56); 7th, '18 Boulder BOULDER 10k (33:56); 6th, '15 Freihofer's Run for Women 5k (16:09); 6th, '18 Atlanta Journal Constitution Peachtree Road Race 10k (33:15); 3rd, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships)(1:09:42); 3rd, '18 Medtronic Twin Cities USA 10 Mile Championships (52:51); 1st, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:28:18 DB); 7th, '16 B.A.A. 5k (15:57); 9th, '16 New Balance Falmouth Road Race 7 Mile (38:48); 9th, '16 Manchester Road Race 4.748 Mile (25:22); 11th, '15 USA Outdoor Championships Women's 10,000m (34:02.65); 10th, '15 US National Road Racing Championships (39:50 PB); 3rd, '15 Manchester Road Race 4.748 mile (24:44).

2019: 4th, NYC Half Marathon (1:11:13).

Past Credit Union Cherry Blossom Top 10 Finishes: 7th and 2nd WUS, '18 (54:45).

#10

Gebrekidan, Hiwot (23)

Residence: addis Ababa, ETH

Citizen of: Ethiopia

Team: Adidas

Lifetime PRs: 32:22/ 2:25:45/ 53:37/10 mi. PRs in last three years: - / - / -

Career: 2nd, '18 Credit Union Cherry Blossom 10 Mile Run (53:48); 7th, '18 Copenhagen Half Marathon (1:07:36 PB); 1st, '17 Credit Union Cherry Blossom 10 Mile Run (53:37 PB); 1st, '16 Copenhagen Half Marathon (1:08:00).

Past Credit Union Cherry Blossom Top 10 Finishes: 1st, '17 (53:37); 2nd, '18 (53:48).

#14

Ayalew, Hiwot (29)

Residence: Addis Ababa, ETH

Citizen of: Ethiopia

Team: Nike

Lifetime PRs: 31:47/ - / 53:51/10 mi. PRs in last three years: - / - / -

Career: 3rd, '18 Crescent City Classic 10k (32:31); 2nd, '18 Cooper River Bridge Run 10k (32:21); 4th, '18 Boulder BOULDER 10k (32:58); 2nd, '14 Allstate Sugar Bowl Crescent City Classic 10k (31:47); 2nd, '13 IAAF World Cross Country Championships (24:27); 2nd, '13 Crescent City Classic 10k (32:05 PB); 1st, '13 Cooper River Bridge Run 10k (32:18).

2019: 3rd, Safi Half Marathon (1:11:01).

#18

Chepkemai, Iveen (21)

Residence: Lansing, MI

Citizen of: Kenya

Lifetime PRs: 32:26/ - / 55:13/10 mi. PRs in last three years: - / - / -

Career: 2nd, '18 Crescent City Classic 10k (32:28); 6th, '18 Lilac Bloomsday Run 12k (40:30); 3rd, '18 Debbie Green Memorial 5k (16:39); 3rd, '18 HAP Crim 10 Mile Road Race (55:13 PB); 4th, '17 Grandma's Minnesota Mile (4:43.9)

#20

Chepngeno, Vicoty (25)

Residence: Grand Prairie, TX

Citizen of: Kenya

Lifetime PRs: 32:34/ - / 53:23/10 mi. PRs in last three years: - / - / -

Career: 2nd, '18 Credit Union Cherry Blossom 10 Mile Run (53:59 PB); 3rd, '18 Utica Boilermaker 15k (50:04 PB); 3rd, '18 Great Buffalo Chase 5k (15:58); 5th, '18 Quad-City Times Bix 7 Mile (36:45); 1st, '18 Debbie Green Memorial 5k (15:39 CR); 2nd, '18 News and Sentinel Half Marathon (1:13:25); 2nd, '18 HAP Crim 10 Mile Road Race (54:44); 1st, '18 Genworth Virginia Ten Miler (54:54); 2nd, '18 B.A.A. Half Marathon (1:09:39); 3rd, '18 EQT Pittsburgh 10 Miler (53:23).

2019: 3rd, Azalea 10k (38:18); 9th, Discovery Kenyan X-C 8k (28:57.6); 13th, Kenyan National X-C Champs 10k (34:50).

Past Credit Union Cherry Blossom Top 10 Finishes: 6th, '18 (53:59).

#22

Twell, Stephanie (29)

Residence: London, UK

Citizen of: Gr Britain

Team: New Balance

Lifetime PRs: 32:30/ 2:30:14/ 53:52/10 mi. PRs in last three years: - / - / -

2019: 1st, Sage Reading Half Marathon (1:11:37); 1st, Brooks Armagh Road Race 3k (8:59); 2nd, Vitality Big Half (1:11:33).

#24

Van Beek, Maddie (27)

Residence: Fargo, ND

Citizen of: USA

Twitter: @MaddieMcBeek

RCCA Status: RCCA Road Scholar 2016

Lifetime PRs: 33:23/ 2:35:35/ 54:23/10 mi. PRs in last three years: - / - / -

Career: 7th, 18 Gate River Run 15k (U.S. 15k Championships) (52:13); 10th, '18 Atlanta Journal Constitution Peachtree Road Race 10k (33:57); 7th, '18 Quad-City Times Bix 7 Mile (39:02); 7th, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships)(1:12:44); 5th, '18 Grandma's Minnesota Mile (4:53.0); 6th, '17 Fifth Third Rover Bank Run 25k (U.S. 25k Open Championships) (1:31:35 PB); 7th, '17 Grandma's Minnesota Mile (4:50.3); 10th, '17 Manchester Road Race 4.748 Mile (25:52); 5th, '16 Medtronic TC Mile (USA Road Mile Championships) (4:41.7); 9th, '16 TD Beach to Beacon 10k (33:23); 5th, '16 Laxon Law New Haven Road Race (USA Men's and Women's 20k Championships) (1:08:30); 5th, '16 CVS Health Downtown 5k (U.S. 5k Championships) (16:06); 4th, '16 EQT Pittsburgh 10 Miler (54:39); 7th, '16 Manchester Road Race 4.748 Mile (25:09).

2019: 13th, Gate River Run 15k (53:28).

#26

Armstrong-Peyton, Meghan (33)

Residence: St. Paul, MN

Citizen of: USA

Twitter: @nutMEGrunner

RCCA Status: RCCA Road Scholar 2011

Lifetime PRs: 33:17/ 2:36:27/ 54:42/10 mi. PRs in last three years: - / - / -

Career: 15th, '17 Gate River Run 15k (USATF Championships) (52:35); 2nd, '17 Bank of America Shamrock Shuffle 8k (26:42); 10th, '17 Medtronic TC Mile (Bring Back the Mile GP)(5:00.8); 8th, '17 Freihofer's Run for Women 5k (16:32); 7th, '16 Medtronic TC Mile (USA Road Mile Championships) (4:45.2); 6th, '16 Freihofer's Run for Women 5k (16:27); 8th, '16 EQT Pittsburgh 10 Miler (59:22); 14th, '15 U.S. Cross Country Championships Women's 8k (29:20); 16th, '15 USA Outdoor Championships Women's 5000m (15:56.75); 16th, '15 USA Outdoor Championships Women's 10,000m (34:21.44); 9th, '15 Manchester Road Race 4.748 mile (25:26); 8th, '14 USA Half Marathon Championships (1:13:06); 6th, '14 Gate River Run 15K Championships (50:42 PB); 12th, '14 Credit Union Cherry Blossom 10 Mile (54:42 PB); 11th, '14 USA Outdoor Track & Field Championships Women's 10,000m (33:11.63); 10th, '14 Peachtree Road Race 10k (33:17 PB); 10th, '14 Medtronic Twin Cities Marathon - USA Marathon Championships (2:40:31).

#28

Sachtleben, Bethany (27)

Residence: Fairfax, VA

Citizen of: USA

Twitter: @Bsach1

Lifetime PRs: 33:37/ 2:31:20/ 54:59/10 mi. PRs in last three years: - / - / -

Career: 9th, 18 Gate River Run 15k (U.S. 15k Championships) (52:18); 8th, '18 Credit Union Cherry Blossom 10 Mile Run (54:59 PB); 4th, '18 Garry Bjorklund Half Marathon (1:12:24 PB); 8th, '18 Faxon Law New Haven Road Race 20k (USA Men's and Women's 20-K Championships)(1:12:55); 6th, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:31:20 PB); 12th, '17 Gate River Run 15k (USATF Championships) (52:08); 4th, '17 Ohio Health Capital City Half Marathon (USA Half Marathon Championships)(1:13:28).

2019: 2nd, Gate River Run 15k (51:08); 1st, George Mason Patriot Games 5000m (16:34.21); 18th, Jacksonville Bank Half Marathon (1:15:37); 28th, US X-C Champs 10k (35:26); 1st, Raleigh Relay 5000m (15:46:62).

Past Credit Union Cherry Blossom Top 10 Finishes: 8th and 3rd WUS, '18 (54:59).

DOB: 8/20/97

DOB: 11/12/93

DOB: 8/17/89

DOB: 8/20/91

DOB: 1/6/86

DOB: 2/9/92

DOB: 2/9/94

DOB: 1/15/95

DOB: 12/9/94

DOB: 7/8/92

DOB: 5/11/95

DOB: 3/6/90

#30

Jermann, Katy (26)

DOB: 4/20/92

Residence: Burnsville, MN

Citizen of: USA

Team: RRCA-RS('15)/RPC('15)/

Twitter: @MoenEmDown

RRCA Status: RRCA Road Scholar 2015

Lifetime PRs: 33:53/ 2:33:41/ 54:59/10 mi. PRs in last three years: - / - / -

2019: 4th, Road to Gold 8 Mile (44:58); 8th, Gate River Run 15k (52:20); 9th, Houston Marathon (2:33:41).

#32

Murphy, Grayson (23)

DOB: 6/28/95

Residence: Flagstaff, AZ

Citizen of: USA

Team: RRCA-RS('18)/HOKA NAZ

RRCA Status: RRCA Road Scholar 2018

Lifetime PRs: 33:11/ - / - PRs in last three years: - / - / -

2019: 6th, NACAC X-C Champs 10k (36:58); 21st, US X-C Champs 10k (34:48); 13th, Stanford Invitational 10,000m (32:28:09).

#34

Bluske-Palmer, Samantha (27)

DOB: 6/17/91

Residence: Northport, AL

Citizen of: USA

Team: RRCA-RunPro('14)/RS ('18)

Twitter: Samantha_Bluske

Instagram: _samantha.palmer

RRCA Status: RRCA Road Scholar 2018

Lifetime PRs: 35:19/ 2:31:56/ 55:19/10 mi. PRs in last three years: - / - / -

Career: 9th, '18 Credit Union Cherry Blossom 10 Mile Run (55:19 PB); 6th, '18 Dick's Sporting Goods Pittsburgh Half-Marathon (USA Half-Marathon Championships) (1:12:32 PB); 4th, '17 California International Marathon (2:31:55 PB); 4th, '16 California International Marathon (2:36:26); 10th, '14 Faxon Law New Haven Road Race 20K (1:14:45).

2019: 17th, US X-C Champs 10k (34:33).

Past Credit Union Cherry Blossom Top 10 Finishes: 9th and 4th WUS, '18 (55:19).

#36

Zeis, Alexis (26)

DOB: 4/28/92

Residence: Boulder, CO

Citizen of: USA

Team: Roots

Twitter: @LexiZeis

Instagram: @leximarie

Lifetime PRs: - / - / 55:52/10 mi. PRs in last three years: - / - / -

2019: 12th, Pacific Pursuit 10,000m (34:34.8); 15th, Gate River Run 15k (53:50);

#38

Cleaver, Allison (30)

DOB: 8/18/88

Residence: Austin, TX

Citizen of: USA

Team: rabbit

Twitter: @aminicleaver

Lifetime PRs: 34:27/ 2:36:15/ 56:10/10 mi. PRs in last three years: - / - / -

Career: 8th, '18 Fifth Third River Bank Run 25k (U.S. 25k Open Championships)(1:30:44); 6th, '15 Fifth Third River Bank Run 25k US Championships (1:30:07); 13th, '14 USA Half Marathon Championships (1:13:06); 6th, '14 Gate River Run 15K Championships (51:05); 1st, '14 Medtronic Twin Cities 10 Mile (56:27).

#40

Bruce, Kelsey (26)

DOB: 10/27/92

Residence: Brackettville, TX

Citizen of: USA

Team: RRCA-RunPro ('17)

RRCA Status: RRCA RunPro Camp 2017

Lifetime PRs: - / 2:31:53/ 56:49/10 mi. PRs in last three years: - / - / -

Career: 7th, '18 Fifth Third River Bank Run 25k (U.S. 25k Open Championships)(1:30:34); 6th, '17 B.A.A. Half Marathon (1:17:22); 8th, '16 Ohio Health Capital City Half Marathon—USA Half Marathon Championships (1:14:15 PB); 8th, '16 Fifth River Bank Run 25k (U.S. 25k Open Championships)(1:29:58); 5th, '16 Grandma's Marathon (2:36:09 PB); 8th, '16 Laxon Law New Haven Road Race (USA Men's and Women's 20k Championships) (1:09:34).

2019: 6th, Houston Marathon (2:31:53).

#42

Marino, Amanda (29)

DOB: 10/19/89

Residence: Asbury Park, NJ

Citizen of: USA

Twitter: @amanda_marino

Instagram: @amanda_marino

Lifetime PRs: 35:01/ 2:38:04/ 57:13/10 mi. PRs in last three years: - / - / -

2019: 1st, Anthem Half Marathon (1:14:31).

Past Credit Union Cherry Blossom Top 10 Finishes: 9th WUS, '18 (57:13).

#44

Muringi, Margaret (28)

DOB: 12/16/90

Residence: Grand Prairie, TX

Citizen of: Kenya

Lifetime PRs: 33:10/ - / 52:37/15k PRs in last three years: - / - / -

Career: 1st, '18 Mercedes Benz Cotton Row Run 10k (34:20); 3rd, '18 Shelter Island 10k (34:40); 6th, '18 Quad-City Times Bix 7 Mile (39:01).

#46

Thompson, Joanna (26)

DOB: 9/24/92

Residence: Blowing Rock, NC

Citizen of: USA

Team: RRCA-RunPro/ZAP Fitness

Lifetime PRs: 34:20/ 2:42:27/ 58:13/10 mi. PRs in last three years: - / - / -

Career: 10th, '18 Boston Marathon (2:48:31); 9th, '17 Quad-City Times Bix 7 Mile (USA 7 Mile Championships)(39:30); 9th, '16 Freihofer's Run for Women 5k (16:44); 12th, '16 Manchester Road Race 4.748 Mile (25:54).

2019: 1st, Matanzas 5000 (17:05); 1st, Charlotte 49er Classic 3000m (9:45:21); 36th, Brooks Armagh Road Race 3k (9:41).

#48

Wijayaratne, Hiruni (28)

DOB: 12/5/90

Residence: Boulder, CO

Citizen of: Sri Lanka

Twitter: @hiruni_w

Instagram: @hiruni_w

Lifetime PRs: 36:48/ 2:36:35/ 1:01:16/10 mi. PRs in last three years: - / - / -

2019: 3rd, Sprouts Mesa-Phoenix Half Marathon (1:14:19); 4th, Bank of America Shamrock Shuffle 8k (27:07); 27th, Aramco Half Marathon (1:14:28).

#50

Martin, Lauren (27)

DOB: 10/14/91

Residence: Alamosa, CO

Citizen of: USA

Twitter: lmasterson_03

Instagram: lmasterson_03

Lifetime PRs: 34:56/ 2:33:25/ 58:40/10 mi. PRs in last three years: - / - / -

Career: 10th, '18 California International Marathon (USA Marathon Championships For Men & Women) (2:33:35 PB).

#52

Kastor, Deena (46)(WM+)

DOB: 2/14/73

Residence: Mammoth, CA

Citizen of: USA

Team: RRCA-RS ('97)/Asics

RRCA Status: RRCA Road Scholar 1997

Lifetime PRs: 31:44/ 2:19:36/ 47:15/15k PRs in last three years: - / - / -

Career: 1st, '15 More/Fitness/Shape Women's Half Marathon (1:12:51); 7th, '14 Bank of America Chicago Marathon (2:27:47 NR W4044); 1st, '14 More Magazine Women's Half Marathon (1:11:38 CR); 4th, (1st Masters) '14 Boulder Boulder 10k (33:59); 11th (1st Masters), '14 Oakley New York Mini 10K (33:17); 3rd (1st Masters), '14 Rock 'n' Roll Philadelphia Half Marathon (1:09:37 WR); 11th (1st Masters), '14 NYC Marathon (2:33:18); 3rd, '13 USA Cross Country Championships Women's 8k (26:41); 1st, '13 More Magazine Women's Half-Marathon (1:13:25 CR); 4th (1st Masters), '13 Boulder Boulder 10k (34:44); 7th (1st Masters), '13 TD Beach to Beacon 10k (32:29); 9th, '13 IAAF World Championships Women's Marathon (2:36:12).

2019: 8th, Bank of American Shamrock Shuffle 8k (27:12). Time is an American Record for Women's 45-49 Age group. Kastor set the still standing CR (24:36) for this event in 2005.

#54

Bentley, Lisa (50)(WM+)

DOB: 11/28/68

Residence: Caledon, Ontario

Citizen of: Canada

Team: Subaru

Twitter: @lisabentley

Instagram: lisa_bentley123

Lifetime PRs: 34:09/ 2:47:47/ 1:18:47/hmar PRs in last three years: - / - / -

#56

Bogale, Nuhamin (25)

DOB: 7/13/93

Residence:

Citizen of: Ethiopia

Lifetime PRs: 34:51/ - / 55:43/15k PRs in last three years: - / - / -

2019: 6th, All-American City 10k (34:51).

#58

Wangui, Mary (19)

DOB: 9/12/99

Residence: Lansing, MI

Citizen of: Kenya

Lifetime PRs: 32:22/ - / 56:36/10 mi. PRs in last three years: - / - / -

Career: 2nd, '17 Allstate Sugar Bowl Crescent City Classic 10k (32:22); 6th, '17 Lilac Bloomsday Run 12k (40:57); 9th, '16 Cooper River Bridge Run 10k (34:53).

#60

Muriuki, Margaret (33)

DOB: 3/21/86

Residence: Grand Prairie, TX

Citizen of: Kenya

Lifetime PRs: 31:05/ - / 1:09:02/hmar PRs in last three years: - / - / -

Career: 3rd, '18 Lilac Bloomsday Run 12k (39:31); 5th, '18 Boulder BOULDER 10k (33:14); 1st, '18 Quad-City Times Bix 7 Mile (35:57); 2nd, '18 New Balance Fal-mouth Road Race 7 Mile (32:40); 5th, '18 B.A.A. Half Marathon (1:10:13); 3rd, '14 ASICS Grand 10 Berlin (31:06); 5th, '13 IAAF World Cross Country Championships (24:39).