Volunteer Shifts for
Groups and Credit Unions

Day	Start Time	End Time	Job Name	# of vols needed
Friday	1:30PM	5:30PM	Expo - Merchandise Sales	FULL
Friday	5:00PM	8:30PM	Expo - Merchandise Sales	FULL
Friday	1:00PM	5:00PM	Expo - Packet Pickup	12
Friday	4:30PM	8:30PM	Expo - Packet Pickup	20
Friday	1:00PM	5:00PM	Expo - Runner Support	FULL
Friday	4:15PM	8:30PM	Expo - Runner Support	FULL
Friday	1:30PM	5:30PM	Expo - T-Shirt Distribution	FULL
Friday	5:00PM	8:30PM	Expo - T-Shirt Distribution	FULL
Friday	9:00AM	12:30PM	Expo - T-Shirt Set up and Sorting	FULL
Friday	9:30AM	12:30PM	Expo - T-Shirt Set up and Sorting	FULL
Saturday	1:00PM	3:00PM	10 mile - Logistics / Pre-Race Setup	FULL
Saturday	9:00AM	11:00AM	10 mile - Logistics / Pre-Race Setup	FULL
Saturday	6:30AM	9:30AM	5K - Bag Check	40
Saturday	6:15AM	9:30AM	5K - Course Marshals	20
Saturday	7:30AM	9:30AM	5K - Medal Distribution	FULL
Saturday	6:30AM	10:00AM	5K - Medical Volunteers	FULL
Saturday	5:30AM	8:00AM	5K - Packet Pickup	20
Saturday	6:30AM	9:30AM	5K - Refreshments	20
Saturday	6:30AM	9:30AM	5K - Start/Finish Line	25
Saturday	6:30AM	9:30AM	5K - Sustainability	20
Saturday	5:15AM	8:30AM	5K - T-shirt distribution	20
Saturday	5:30AM	10:00AM	5K - Water Station	10

Volunteer Shifts for
Groups and Credit Unions

Day	Start Time	End Time	Job Name	# of vols needed
Saturday	12:30PM	6:00PM	Expo - Merchandise Sales	10
Saturday	8:30AM	1:30PM	Expo - Merchandise Sales	FULL
Saturday	12:00PM	5:30PM	Expo - Packet Pickup	15
Saturday	8:00AM	12:30PM	Expo - Packet Pickup	FULL
Saturday	12:00PM	5:30PM	Expo - Runner Support	40
Saturday	8:00AM	12:30PM	Expo - Runner Support	10
Saturday	4:30PM	5:30PM	Expo - Signs	FULL
Saturday	12:30PM	5:30PM	Expo - T-Shirt Distribution	FULL
Saturday	8:30AM	1:00PM	Expo - T-Shirt Distribution	FULL
Saturday	8:30AM	11:15AM	Kids Run - Course Marshals	13
Saturday	8:30AM	11:15AM	Kids Run - Entrance/Exit Marshals	FULL
Saturday	8:30AM	11:15AM	Kids Run - Refreshments	FULL
Saturday	7:45AM	9:45AM	Kids Run - Registration	FULL
Saturday	8:30AM	11:15AM	Kids Run - Start/Finish line	FULL
Sunday	6:00AM	11:30AM	10 mile - Bag Check	100
Sunday	5:30AM	11:30AM	10 mile - Course Marshal	80
Sunday	5:30AM	10:00AM	10 mile - Course Recorders	40
Sunday	5:45AM	10:30AM	10 mile - Course Split Timer	20
Sunday	6:00AM	11:30AM	10 mile - Information Booth	10
Sunday	7:00AM	11:30AM	10 mile - Medal distribution	40
Sunday	6:00AM	11:00AM	10 mile - Medical Tracker	10
Sunday	5:45AM	11:30AM	10 mile - Medical Volunteer	70

Volunteer Shifts for
Groups and Credit Unions

Day	Start Time	End Time	Job Name	# of vols needed
Sunday	5:30AM	11:30AM	10 mile - Refreshments	50
Sunday	6:00AM	10:30AM	10 mile - Start / Finish Line - Blue	USPS
Sunday	6:00AM	10:30AM	10 mile - Start / Finish Line - Green	PAHO
Sunday	6:00AM	10:30AM	10 mile - Start / Finish Line - Orange	Commonwealth