

Asayech Ayichew

Female, born Apr 3, 2005

Nationality: ETH

WORLD ATHLETICS RECOGNIZED PERSONAL BESTS

<https://worldathletics.org/athletes/ethiopia/asayech-ayichew-15041291>

10K road: 29:43 on Jan 12, 2025 in Valencia, ESP 10K road

5000m: 14:31.88 on Apr 26, 2025 in Xiamen, CHN

10 Miles: 50:56 on Sep 21, 2025 in Amsterdam, NED

HIGHLIGHTS 2024-2026

1st, 2024 Great Ethiopian Run International 10K (32:14)

1st, 2024 Dam tot Damloop 10 Mile (51:18)

2nd, 2025 Dam tot Damloop 10 Mile (50:56)

1st, 2026 International Bilbao 10K (30:01)

6th, 2025 Diamond League 5000m (14:31.88)

HIGHLIGHTS PRE-2024

11th, 2023 Diamond League 3000m (8:46.98)