

Laura Galvan

Female, born Oct 5, 1991

Nationality: MEX

WORLD ATHLETICS RECOGNIZED PERSONAL BESTS

Half Marathon: 1:07:31 on Jan 11, 2026 in Houston, TEX

10,000m: 31:04.08 on March 4, 2023 (national record) in San Juan Capistrano, CA

10K road: 29:51 on Jan 12, in Valencia, ESP

5000m: 14:43.94 on Aug. 2023 (national record) in Budapest, HUN

HIGHLIGHTS 2024-2026

8th, 2026 Aramco Houston Half Marathon (1:07:31)

HIGHLIGHTS PRE-2024

8th, 2023 World Championships 5000m (14:34.94, national record)

2nd, 2023 Diamond League 3000m, (8:28.05, national record)

6th, 2023 The TEN 10,000m (31:04.08, national record)

1st, 2023 Carlsbad 5000 5K road (15:05)