

**Jack Aho**

**Male, born Mar 24, 1999**

**Nationality: USA**

**WORLD ATHLETICS RECOGNIZED PERSONAL BESTS**

<https://worldathletics.org/athletes/united-states/jack-aho-14755329>

Half Marathon: 1:02:53 on Jan 19, 2025 in Houston, TX

15K road: 46:05 on July 14, 2024 in Utica, NY

10,000m: 28:53.67 on Mar 25, 2022 in Raleigh, NC

5000m: 13:31.23 (short track) on Dec 3, 2022

**HIGHLIGHTS 2024-2026**

3rd, 2026 Cooper River Bridge 10K, 28:07.57

1st, 2026 Greenville Half Marathon, 1:01:18

39th, 2025 Aramco Houston Half Marathon, 1:02:53

**HIGHLIGHTS PRE-2024**

8th, 2022 NCAA East Preliminary Round 5000m, 13:46.97

11th, 2022 Virginia Challenge 5000m, 13:39.59